UIL and Other Extracurricular Programs: Preparticipation Physical Examinations  
May 22, 2020

On May 18, 2020, the University Interscholastic League (UIL) published approved amendments to the UIL Constitution and Contest Rules, Sections 1105, 1205, and 1478, adjusting requirements related to preparticipation physical examinations for the 2020–21 school year for the purposes of supporting social distancing and assisting with the workload of the medical professionals on the frontlines of the COVID-19 pandemic.

Preparticipation physical examinations for UIL programs and other district extracurricular programs identified by the superintendent are addressed in FFAA(LOCAL).

Most districts’ policies indicate that preparticipation physical examinations are required in accordance with the UIL schedule and do not need to be changed to align with the revised UIL Constitution and Contest Rules for the 2020–21 school year.

However, some districts’ policies require an annual preparticipation physical examination for designated UIL programs or other district extracurricular programs authorized by the superintendent. The attached resolution may be used by districts that have established annual preparticipation physical examination requirements in FFAA(LOCAL) and that wish to align their practices with the revised UIL Constitution and Contest Rules for the 2020–21 school year.

This information is provided for educational purposes only to facilitate a general understanding of the law or other regulatory matter. This information is neither an exhaustive treatment on the subject nor is this intended to substitute for the advice of an attorney or other professional adviser. Consult with your attorney or professional adviser to apply these principles to specific fact situations.
Resolution of the Board Regarding Policy FFAA(LOCAL), Physical Examinations

WHEREAS, the University Interscholastic League (UIL) Constitution and Contest Rules are the official rules that govern all UIL-sponsored activities;

WHEREAS, on May 18, 2020, the UIL published approved amendments to the UIL Constitution and Contest Rules, Sections 1105, 1205, and 1478, adjusting requirements related to preparticipation physical examinations for the 2020–21 school year for the purposes of supporting social distancing and assisting with the workload of the medical professionals on the frontlines of the COVID-19 pandemic;

WHEREAS, Texas Education Code 11.151 gives the Board of Trustees the exclusive power and duty to govern and oversee the management of the public schools of the District; and

WHEREAS, the Board finds that a need exists to temporarily adjust local policy provisions requiring annual preparticipation physical examinations for the purposes of aligning practices with the revised UIL Constitution and Contest Rules.

NOW, THEREFORE, BE IT RESOLVED that the Board of Trustees of _________________ School District makes the following temporary adjustments to policy FFAA(LOCAL), Physical Examinations:

• Prior to participating in a designated UIL program or other District extracurricular program identified by the Superintendent, a student shall undergo a physical examination in accordance with the required schedule established by the UIL, including the approved amendments to the UIL Constitution and Contest Rules, Sections 1105, 1205, and 1478.

• For the 2020–21 school year, the District suspends its locally established requirement in FFAA(LOCAL) for annual physical examinations.

The authority granted by this resolution to adjust FFAA(LOCAL) shall only apply for the 2020–21 school year unless the Board takes further action.

Adopted this _______ (date) day of ________________ (month), _______ (year), by the Board of Trustees.

Presiding Officer

Secretary